

# **Dr. Saum Yermian, Psy. D.**

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310.713.6227

## **Education:**

### **Doctoral Degree in Clinical Psychology; 2002-2011**

Illinois School of Professional Psychology, Chicago  
A.P.A. Accredited Program

### **Masters of Arts in Clinical Psychology; November 2005**

Illinois School of Professional Psychology, Chicago

### **Bachelor of Science in Neuroscience; June 2001**

University of California, Los Angeles (UCLA)

## **Psychology and Current Experience:**

### **University of Phoenix (on-ground Southern California Campuses)**

**July 2012- Present**

#### **Psychology Instructor/Facilitator**

- Teach psychology courses to both undergraduate and graduate students in an on-campus setting.
- Qualified teaching courses include: Psychology of Learning and Cognition, Neuropsychology, Abnormal Psychology, Applied Clinical Psychology, Social Psychology, Lifespan and Human Development, and Personality Formation.
- Plan, organize, and facilitate course plan and syllabus.
- Administer and grade exams and assignments.
- Provide overall feedback and analysis to students in term progress reports that assess learning, understanding of theory, and fundamental competency of course material.

#### **DrSaum.com**

**September 2011- Present**

#### **Life, Career, and Relationship Coach**

- Conduct life coaching and counseling for clients in a private practice setting.
- Counsel clients in a wide range of areas including general life issues, personal, business, relationships, dating, and conflict.
- Provide structured questions for the assessment of client issues and problems.
- With a collaborative, Solution Focused approach, assess clients' life situations and identify potential conflicts and problems.
- Set objectives for clients in connection with client awareness of expected goals and potential achievements.
- Plan follow-up tasks with regard to clients' life alternatives.
- Plan, together with the client, for the client's self-realization of goals.

**Leatherup.com**

**May 2009- February 2012**

**Marketing Director and Supervisor**

- Design, implement, and facilitate annual marketing plan.
- Manage and coordinate all marketing, advertising and promotional staff and activities.
- Conduct market research to determine market requirements for existing and future products.
- Analyze customer research, market conditions and competitor information.
- Develop and implement marketing plans and projects for new and existing products.
- Determine and manage the marketing budget.
- Communicate with media and advertising.
- Coach and supervise staff with respect to prospective client meetings and presentations.

**Rutgers University Counseling and Psychological Services (CAPS)**

**August 2007-September 2008**

**Psychology Pre-Doctoral Internship (A.P.A. Accredited Program)**

**Clinical Supervisors: Marta Aizenman, Ph.D and Mark Forest, Ph.D**

- Manage a caseload of twenty-five students per week with regard to both short and long-term psychotherapy.
- Counsel a wide range of disorders including depression, anxiety, interpersonal relationships, OCD, self-injury behaviors, ADHD, eating disorders, and low self-esteem.
- Work with the Alcohol and Drug Assistance Program for Students (ADAPS).
- Administer three clinical intakes per week.
- Conduct one hour of crisis intervention session per week for students in acute distress.
- Co-facilitate a year long interpersonal group with eleven members.
- Participate in campus outreach programs.
- Receive four hours of supervision per week, including group supervision, and support groups.
- Provide one hour of supervision to Psychology Externs at CaPS.
- Participate in weekly case conferences, staff meetings, and seminars.

**University of Illinois Counseling Center**

**August 2005- May 2006**

**Psychology Externship**

**Clinical Supervisors: William Gorman, Ph.D. and Tod Jaywaditep, Ph.D**

- Conduct psychotherapy for college students in a university counseling center setting with a culturally diverse client caseload of ten students.
- Conduct short- and long-term psychotherapy using various orientations psychodynamic, CBT and solution-focused therapy.
- Counsel students dealing with a range of problems such as depression, anxiety, procrastination, mourning loss of a loved one, and assertiveness.
- Receive four hours of weekly individual supervision by two licensed supervisors and one intern.

- Participate in outreach work and development.
- Conduct presentations providing information about counseling services in university classrooms.
- Conduct a course in career development for a group of five students lasting four weeks.
- Attend weekly case conferences, staff meetings, and seminars.

**World Relief Chicago/Horizon Clinic  
September 2004-2005**

**Psychology Externship**

**Clinical Supervisor: Steve Yousha, Psy.D**

- Conduct psychotherapy with adults and children; client load, of thirteen patients.
- Work with refugees from the Middle East, Africa and Eastern Europe exposed to traumatic experiences.
- Perform school visits, home visits and family therapy, as necessary.
- Counsel patients with primarily PTSD, acculturation and adjustment issues, family interaction problems, and a range of other conditions.
- Conduct therapy in the Persian language, when needed.
- Perform initial intake screenings.
- Perform case management.
- Work closely with licensed supervisors and psychiatrists to provide the best possible treatment plans.
- Attend weekly case conferences, staff meetings and seminars.

**Adler University Psychological Services Center, Chicago, IL  
August 2003-2004**

**Psychology Externship**

**Clinical Supervisor: Mark Oster, Psy.D**

- Conduct psychotherapy to individual adults and children; client load 2 adults and 5 children.
- Participate in a school program in connection with providing counseling to underprivileged children with histories of emotional distress, abuse, broken families, and trauma.
- Facilitate psycho-educational groups at an Adult Transition Center Prison
- Administer, score and interpret ten full batteries of psychological assessments, including tests such as the WAIS-III, WISC-III/IV, MMPI-2, Rorschach, WIAT-II, WRAT-3, TAT, and neuropsychological tests.
- Discuss and coordinate appropriate treatment strategies with licensed supervisor.
- Assign proper diagnoses and recommendations to referral questions.

**Illinois School of Professional Psychology, Chicago, IL  
Doctoral Dissertation, Completed 2011**

- Title: "The Influence of Acculturation on the Relationship Between Iranian-American Immigrant Parents and their Children: A Study on Intergenerational Conflict."
- Design a quantitative research experiment focusing on Iranian-American immigrants living in Los Angeles, California.

## **Related Experience:**

### **Jay Nolan Community Services, Los Angeles, CA**

#### **Supervising Coordinator, 2000-2001**

- Provide support and counseling to families with disabled children.
- Provide support to autistic adults and some children, ranging with moderate to severe disabilities.
- Recruit, train and supervise support staff.
- Manage files, payroll, paper work and data entry.

### **Planned Parenthood, Los Angeles, CA**

#### **Health Educator Facilitator, 2000-2001**

- Facilitate Sexual Education workshops, group activities and discussions regarding STD and HIV care and prevention.
- Counsel and mentor students on a range of personal and private issues.
- Design and organize lesson plans on topics regarding health education, sexuality, and family relations.
- Implement and teach lesson plans for junior high school students.

## **Teaching Experience:**

### **Heart Kids Inc., Tokyo, Japan**

#### **English Teacher, 2001-2002**

- Teach conversational English to children and adults.
- Create lesson plans and facilitate group activities for students designed to teach proper English sounds and pronunciations.
- Work both in a private (one-on-one) setting and classroom setting with anywhere from two to twenty students.
- Instruct students between the ages of 3-51 years.

### **Thornton Chase Baha'i School, Los Angeles, CA**

#### **Teacher, 1995-2000**

- Mentor and educate kindergarten children on issues of ethics, morality, and personal conduct.
- Create lesson plans promoting racial diversity, unification of mankind, and understanding world religions.
- Establish close relations with students in order to prepare them for real world issues.

### **Marian-Jack Project, Siberia/Russia**

#### **Humanitarian Volunteer, Spring/Summer 1997**

- Participate in international social and economic development projects in post-communist Russia.
- Create and coordinate after school programs for youth.
- Design workshops and activities to promote self-awareness, care, and ethical morality.
- Teach English to adolescents and young children in a school setting.
- Train new facilitators to keep the program running after my departure.

## **Research Experience:**

### **UCLA Oncology Center, Los Angeles, CA**

#### **Research Analyst, Fall 2006 - Summer 2007**

- Enroll brain tumor patients in an experimental drug program.
- Record and analyze patient progress during drug treatment.
- Conduct consultation and support to terminally ill patients.

### **UCLA Child Psychiatry, Los Angeles, CA**

#### **Laboratory Assistant, 1999-2000**

- Analyze blood samples from patients with ADHD, Bipolar Disorder, and OCD.
- Perform separation of plasma, extraction of DNA and platelets, and accurately enter data in database.
- Organize, operate, and manage all laboratory equipment.

### **UCLA Neuropsychiatric Institute, Los Angeles, CA**

#### **Assistant Researcher, 1999-2000**

- Assist in a ten-week double-blind research study to test appropriate dosages of Adderall on children with ADHD.
- Research study focused on children between the ages of 6-13.
- Mentor and counsel children participating in the study.
- Process and analyze blood samples obtained from each patient.

### **UCLA Medical Center--Pathology, Los Angeles, CA**

#### **Assistant Researcher, Fall 1999**

- Work closely with doctors during autopsies at the UCLA Pathology department.
- Gain first hand experience and knowledge of human physiology.
- Manage confidential records.

## **Professional Associations:**

- American Psychological Association, student member, 2002-present.

## **Additional Skills:**

- Fluent in spoken Persian/Farsi.
- Proficient knowledge in psychological assessments and report writing.
- Proficient in administering, scoring, and interpreting a standard battery of tests in order to assess cognitive and personality functions.
- Proficient in data management, processing and entry.
- Proficient in Mac OS systems, MS Word, WordPerfect, Excel, and PowerPoint.